# st louis ribs recipe

st louis ribs recipe is a classic barbecue favorite that delivers mouthwatering flavor and tender, juicy meat. This comprehensive guide explores everything you need to know to prepare authentic St. Louis-style ribs, including selecting the best ribs, mastering rubs and marinades, choosing ideal cooking techniques, and crafting delicious sides and sauces. Whether you're a seasoned grill master or a beginner in the kitchen, this article provides step-by-step instructions, expert tips, and essential information to help you achieve restaurant-quality results at home. From understanding the unique features of St. Louis ribs to learning the secrets of low-and-slow cooking, you'll find all the insights you need for a successful barbecue. Read on to discover the ultimate st louis ribs recipe and elevate your next cookout with unforgettable flavor.

- Understanding St. Louis Ribs
- Essential Ingredients for St. Louis Ribs Recipe
- Preparation: Trimming and Seasoning
- Cooking Techniques for Perfect St. Louis Ribs
- Homemade Dry Rub and Marinade Ideas
- Crafting the Perfect BBQ Sauce
- Serving Suggestions and Side Dishes
- Expert Tips for Success

# **Understanding St. Louis Ribs**

St. Louis ribs are a specific cut of pork ribs that originate from the Midwest and are renowned for their rich flavor and meaty texture. Unlike baby back ribs, St. Louis-style ribs come from the belly area of the pig, offering a flatter, more uniform shape that makes them ideal for grilling and smoking. These ribs are trimmed to remove the cartilage and breastbone, resulting in a rectangular rack that cooks evenly and presents beautifully on the plate. The st louis ribs recipe typically features a balance of savory, sweet, and smoky flavors, making it a favorite among barbecue enthusiasts. Recognizing the characteristics of St. Louis ribs helps ensure you select the right cut for your recipe, delivering the authentic taste and texture that defines this classic dish.

# **Essential Ingredients for St. Louis Ribs Recipe**

## **Main Components**

To achieve the best results with your st louis ribs recipe, it's important to start with high-quality ingredients. The following items are essential for creating delicious, tender ribs that stand out at any gathering.

- Pork St. Louis-style rib racks (2–3 pounds each)
- Dry rub spices (paprika, brown sugar, garlic powder, onion powder, black pepper, salt, cayenne)
- Barbecue sauce (homemade or store-bought)
- Apple cider vinegar or apple juice (for moisture and flavor)
- Olive oil or mustard (for binding the rub)

## **Optional Additions**

Enhance your st louis ribs recipe with creative marinades, glazes, and finishing touches. Consider these optional ingredients:

- Honey or molasses for a sweeter profile
- Chili powder or cumin for extra spice
- Liquid smoke for added depth
- Lemon zest or fresh herbs for brightness

# **Preparation: Trimming and Seasoning**

## **Trimming the Ribs**

Proper trimming is crucial for even cooking and optimal presentation. Start by removing the silverskin membrane from the bone side of the ribs using a small knife and paper towel for grip. Trimming excess fat and loose edges ensures the ribs cook uniformly and absorb more flavor from your rub and marinade.

## **Applying the Dry Rub**

The dry rub is the foundation of a flavorful st louis ribs recipe. Generously coat both sides of the rib rack with your chosen spice blend, pressing the rub into the meat for maximum adhesion. Some cooks prefer to use a thin layer of mustard or olive oil as a binder before applying the rub, which helps the spices stick and promotes a rich crust during cooking.

#### **Marinating for Maximum Flavor**

For deeper flavor infusion, wrap the seasoned ribs in plastic wrap and refrigerate for at least 2 hours, or overnight if possible. This allows the spices to penetrate the meat, resulting in a more robust and complex taste once cooked.

# Cooking Techniques for Perfect St. Louis Ribs

## Low and Slow Smoking Method

The hallmark of a great st louis ribs recipe is the "low and slow" approach. Smoking ribs at 225–250°F for 4–6 hours delivers tender meat that easily pulls away from the bone. Wood chips like hickory, apple, or cherry add depth and character to the finished dish. Maintain a steady temperature and add moisture by placing a pan of apple juice or water in the smoker.

#### Oven-Baked St. Louis Ribs

If you don't have a smoker, oven-baking is a reliable alternative. Preheat your oven to 275°F, wrap the seasoned ribs in foil, and bake for 2.5–3 hours. Unwrap, apply sauce, and return to the oven or broiler for 10–15 minutes to caramelize the glaze and achieve a sticky, flavorful finish.

#### **Grilling for Charred Perfection**

Grilling St. Louis ribs over indirect heat creates a beautiful char and smoky aroma. Place the ribs bone-side down, cover, and cook for 2–3 hours, basting with sauce during the last 30 minutes. Finish over direct heat to crisp the edges and lock in flavor.

# **Homemade Dry Rub and Marinade Ideas**

## Classic St. Louis Dry Rub Recipe

A well-balanced dry rub is essential for the authentic st louis ribs recipe. Combine the following ingredients for a traditional flavor profile:

- 1/4 cup brown sugar
- 2 tablespoons paprika
- 1 tablespoon garlic powder
- 1 tablespoon onion powder
- 1 tablespoon kosher salt
- 1 teaspoon black pepper
- 1/2 teaspoon cayenne pepper
- 1 teaspoon dried thyme (optional)

#### **Marinade Variations**

For additional flavor, consider marinating your ribs in a mixture of apple cider vinegar, olive oil, garlic, and herbs for several hours before applying the dry rub. Marinades with citrus, soy sauce, or Worcestershire can add complexity and tenderness.

# **Crafting the Perfect BBQ Sauce**

#### **Traditional St. Louis BBQ Sauce**

St. Louis-style barbecue sauce is typically tomato-based with a balance of sweet, tangy, and spicy notes. To make your own, mix ketchup, brown sugar, apple cider vinegar, Worcestershire sauce, and a touch of mustard. Simmer until thickened for a sticky, flavorful glaze that complements the ribs perfectly.

# **Customizing Your Sauce**

Personalize your st louis ribs recipe by tweaking the sauce to suit your taste. Add honey for sweetness, hot sauce for heat, or smoked paprika for depth. Allow the sauce to cool before brushing it onto the ribs during the final stage of cooking.

# **Serving Suggestions and Side Dishes**

#### Classic Sides for St. Louis Ribs

A complete st louis ribs recipe includes delectable sides that enhance the meal. Popular options include coleslaw, baked beans, cornbread, potato salad, and grilled vegetables. These dishes provide a harmonious balance of flavors and textures to complement the rich ribs.

## **Presentation Tips**

Slice the rib rack into individual portions and arrange them on a platter. Garnish with fresh herbs, lemon wedges, or a sprinkle of extra dry rub. Serve with warm barbecue sauce on the side for dipping.

# **Expert Tips for Success**

#### **Keys to Tender, Flavorful Ribs**

- Always remove the membrane from the ribs for optimal texture.
- Use a low cooking temperature to prevent drying out the meat.
- Let the ribs rest for 10-15 minutes before slicing to retain juices.
- Apply sauce in layers for a sticky, caramelized finish.
- Experiment with different wood chips to vary smoke flavor.

#### **Common Mistakes to Avoid**

- Overcooking at high temperatures, which can toughen the ribs.
- Skipping the resting period before serving.
- Using too much sauce during initial cooking (can burn or overwhelm flavor).
- Neglecting to trim excess fat and silverskin.

## FAQs: Trending Questions About St. Louis Ribs Recipe

#### Q: What makes St. Louis ribs different from baby back ribs?

A: St. Louis ribs are cut from the belly area, making them flatter and meatier than baby back ribs, which come from the loin. St. Louis ribs are trimmed for a rectangular shape, allowing for even cooking and a distinctive presentation.

# Q: Can I make St. Louis ribs in the oven if I don't have a smoker?

A: Yes, St. Louis ribs can be baked in the oven at a low temperature. Wrapping them in foil and slow-cooking ensures tender meat. Finish under the broiler or on the grill for caramelization.

#### Q: How long should I marinate St. Louis ribs?

A: Marinate the ribs for a minimum of 2 hours, but overnight is preferred for maximum flavor penetration. Ensure the marinade covers all surfaces and refrigerate during the process.

## Q: What's the best wood for smoking St. Louis ribs?

A: Hickory, apple, and cherry wood chips are popular choices for smoking St. Louis ribs, each imparting a unique depth of flavor.

## Q: Should I remove the membrane from St. Louis ribs?

A: Yes, removing the silverskin membrane helps the ribs cook evenly and allows the rub and smoke flavors to better penetrate the meat.

## Q: How do I know when St. Louis ribs are done?

A: Ribs are done when the meat easily pulls away from the bone and an internal temperature of 190-203°F is reached. The surface should be caramelized and slightly sticky.

## Q: What sauce goes best with St. Louis ribs?

A: A traditional St. Louis barbecue sauce is tomato-based with sweet, tangy, and slightly spicy notes. Customizing with honey, mustard, or smoked paprika is also common.

#### Q: Can I freeze cooked St. Louis ribs?

A: Cooked ribs can be frozen for up to three months. Wrap tightly in foil and store in an airtight container to preserve flavor and texture.

## Q: What sides pair well with St. Louis ribs?

A: Classic sides include coleslaw, baked beans, cornbread, potato salad, and grilled vegetables.

## Q: How do I prevent ribs from drying out during cooking?

A: Maintain low temperatures, add moisture with a water pan, and wrap ribs in foil during part of the cooking process to retain juices. Let them rest before slicing and serving.

## St Louis Ribs Recipe

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st louis ribs recipe: The Best of America's Test Kitchen 2019 America's Test Kitchen, 2018-10-02 The best of the best--including recipes, tastings, and testings--of 2019, all compiled into one must-have collection from America's most trusted kitchen. A carefully curated collection--in full color for the first time--of ATK's best recipes of the year, selected from the hundreds of recipes developed for Cook's Illustrated and Cook's Country magazines and for new books such as The Complete Make-Ahead Cookbook, The Complete Slow Cooker, Nutritious Delicious, How to Roast Everything, Just Add Sauce, The Perfect Cake, and Multicooker Perfection. This year's edition offers a wide array of fresh, foolproof recipes like Chinese Pork Dumplings, Shrimp Po' Boys, Braised Brisket with Pomegranate, Cumin, and Cilantro, Thai Grilled Cornish Hens with Chili Dipping Sauce, and Roasted Lobster Tails. And we didn't forget about dessert! From Easy Holiday Sugar Cookies and Lazy Strawberry Sonker to Coconut Cream Pie and Blackberry-Mascarpone Lemon Cake, this collection will satisfy every sweet tooth. All of this year's ingredient and equipment tastings and testings are here, too. Want to find out which high-end blender makes the grade? Wonder how we selected our top supermarket turkey? Curious to know which roll of paper towels really gets the job done? For the answers to these questions and more, look no further than The Best of America's Test Kitchen 2019.

st louis ribs recipe: Midwestern Food Paul Fehribach, 2023-09-20 An acclaimed chef offers a historically informed cookbook that will change how you think about Midwestern cuisine. Celebrated chef Paul Fehribach has made his name serving up some of the most thoughtful and authentic regional southern cooking—not in the South, but in Chicago at Big Jones. But over the last several years, he has been looking to his Indiana roots in the kitchen, while digging deep into the archives to document and record the history and changing foodways of the Midwest. Fehribach is as painstaking with his historical research as he is with his culinary execution. In Midwestern Food, he focuses not only on the past and present of Midwestern foodways but on the diverse cultural migrations from the Ohio River Valley north- and westward that have informed them. Drawing on a range of little-explored sources, he traces the influence of several heritages, especially German, and debunks many culinary myths along the way. The book is also full of Fehribach's delicious recipes informed by history and family alike, such as his grandfather's favorite watermelon rind pickles; sorghum-pecan sticky rolls; Detroit-style coney sauce; Duck and manoomin hotdish; pawpaw chiffon pie; strawberry pretzel gelatin salad (!); and he breaks the code to the most famous Midwestern pizza and BBQ styles you can easily reproduce at home. But it is more than just a cookbook, weaving together historical analysis and personal memoir with profiles of the chefs, purveyors, and farmers who make up the food networks of the region. The result is a mouth-watering and surprising Midwestern feast from farm to plate. Flyover this!

st louis ribs recipe: Goldee's Bar-B-Q Jalen Heard, Lane Milne, Jonny White, 2025-10-21 The top joint in Texas shares its secrets to award-winning barbecue. Goldee's Bar-B-Q, which sits in a quiet corner of Dallas-Fort Worth, opened only a few weeks before COVID-19 closed the dining room, and for months the restaurant eked out a living with curbside service and catering. The owners didn't expect their barbecue to be crowned the best in the state by Texas Monthly, yet they earned that honor in 2021. What separates Goldee's from other joints is their pitmasters' attention to craft and an inclusive attitude toward sharing their work. They understand that the secret ingredient in barbecue is not a particular spice in the rub, but hours of paying attention to fire and

meat. Goldee's Bar-B-Q shows you how to make classics such as brisket, ribs, sausages, beans, coleslaw, potato salad, and banana pudding. Goldee's pitmasters share how to trim, season, and smoke meat, as well as tips for managing a fire and monitoring temperature, which are key to elevating your barbecue. Goldee's Bar-B-Q also captures the heart of the restaurant, the story of best friends coming together to make a place where they could share their love of cooking. A must-have for barbecue aficionados, meat lovers, and chefs looking to perfect their techniques, Goldee's Bar-B-Q will help you make your barbecue exceptional.

st louis ribs recipe: Inside the Test Kitchen Tyler Florence, 2014-10-28 Join Tyler Florence as he perfects, simplifies, and totally re-invents your favorite comfort dishes in surprising, spectacular ways. Have you ever wondered which cheese, exactly, will make the stretchiest, cheesiest mac and cheese? Or if you can make Hollandaise sauce without fear, a double boiler, or even a whisk? Or if, instead of having to choose between onion rings or French fries, you can make onion rings crusted with French fries? Tyler Florence has. These are the kinds of questions he obsesses over when he thinks about how to make cooking both easier and more exciting. For years, while shuttling between his restaurants and TV shoots, Tyler's kept a notebook of ideas to push his own recipes out of their comfort zone. Now, for the first time in his career, he's established a culinary lab where he can dive deep into the hows, whys, and why-nots of his cooking. He brings you Inside the Test Kitchen to see his experiments, the wins and the fails, and of course, the delicious, foolproof, and surprising recipes that come out of it. Go from tricks to make basics brilliant—like saucing Double-Creamed Spinach with pureed spinach, or using boiling-hot brine to make a Super-Crisp Roast Chicken—to simpler ways to make the classics, like a nearly no-stir Time Saver Risotto and a Three-Minute Hollandaise, to pure reinvention, like Fronion Rings and almost-instant Modern Burger Buns. Through these 120 recipes, Tyler invites you to question culinary sacred cows, push your skills to the next level, and make food more delicious than they would have thought possible.

st louis ribs recipe: The Ultimate Barbecue Recipe Book Robin Wickens, 2024-07-23 Welcome to The Ultimate Barbecue Recipe Book—your gateway to the mouthwatering world of outdoor grilling and smoking. Whether you're a seasoned pitmaster or a backyard beginner, this book is designed to ignite your passion for barbecue and elevate your culinary skills. The Art of Barbecue Barbecue is more than just cooking; it's a tradition, a community, and a celebration of flavors. It brings together friends and family, sparking joy and creating unforgettable memories. From the sizzle of the grill to the rich aroma of smoked meats, barbecue has a way of tantalizing our senses and connecting us to a timeless culinary heritage. Our Journey In this book, we've curated a diverse collection of recipes that showcase the best of barbecue. We've traveled across regions, explored different styles, and gathered tips and techniques from barbecue enthusiasts and professionals alike. From the tangy sauces of the Carolinas to the smoky brisket of Texas, you'll find a treasure trove of flavors and inspirations. What to Expect Inside these pages, you'll discover: - \*\*Essential Techniques:\*\* Master the fundamentals of grilling and smoking, including temperature control, wood selection, and meat preparation. - \*\*Regional Favorites:\*\* Explore classic barbecue recipes from different regions, each with its unique flavors and cooking methods. - \*\*Creative Twists:\*\* Step outside the traditional barbecue box with innovative recipes that fuse global cuisines and contemporary ingredients. - \*\*Tips & Tricks:\*\* Learn insider secrets, troubleshooting advice, and time-saving tips to ensure your barbecue success. Getting Started Before you dive into the recipes, take a moment to familiarize yourself with the tools and equipment essential for great barbecue. From selecting the right grill to understanding different types of smokers, we'll guide you through the basics to set you up for success. Join the Barbecue Community Barbecue is about sharing and learning together. We encourage you to experiment with these recipes, make them your own, and share your creations with friends and family. Join barbecue forums, attend cookouts, and never stop exploring the endless possibilities of this beloved culinary art. So, fire up your grill, gather your loved ones, and let's embark on this delicious journey together. Welcome to the ultimate barbecue adventure! Happy grilling,

st louis ribs recipe: America's Best Ribs Ardie A. Davis, Paul Kirk, 2021-10-26 A collection of

recipes, tips and stories about ribs of nearly every meat variety from the bestselling authors of America's Best BBQ (The Pitch). There are a lot of barbecue books on the market, but surprisingly few on ribs, even though they're a core part of the championship circuit and one of America's most beloved foods. In addition to 100 mouthwatering recipes for rock-your-world ribs and delicious sides and desserts to complement them, this more-than-a-cookbook also includes tips for competitive barbecuing, juicy stories and lore from backyards and competitions, and tons of full-color photographs that showcase America's barbecue scene at its best. Now everyone can make championship-caliber ribs at home—whether pork, beef, lamb, or even buffalo. This ultimate guide not only includes basics for beginners, but also features tips for building your own award-winning rubs, sauces, marinades, and brines. It's a must-have for the libraries of professional and amateur barbecuers—as well as an appetizing armchair read for people who may not tend to the pit but do love to eat 'cue. Whatever your level of cooking experience, however you prefer your ribs, you'll learn how to make them better than ever before . . . Dig into more than 100 tried and true recipes for incredibly tasty ribs, side dishes and desserts, along with techniques to better do-it-yourself, whether you're a backyard beginner or accomplished grill king or queen. — Cooking Up a Story There are recipes for pork, beef and bison, as well as lamb and mutton. I have to say, these recipes sound phenomenal . . . Regardless of your experience level, America's Best Ribs has something for everyone. — Top Ribs

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- **st louis ribs recipe: America's Best Ribs** Arthur Aguirre, 2016-05-03 America loves barbecue, especially when it comes to ribs! Barbecue contests are serious business. Major competitions and festivals now take place in twenty-eight states, and there are twenty BBQ associations and societies across the country committed to encouraging the art of smoking and grilling meat. While thousands of chefs compete for the best ribs, low-key backyard BBQ competitions are springing up all over the

country, offering amateur smokers the chance to become the neighborhood BBO king or gueen. Arthur Aguirre's BBQ team, Major League Grilling, has won nearly twenty awards in his first two years of BBQ competition, including Grand Champion at the Soybean Festival in Mexico, Missouri. In this book he compiles his prize-winning recipes with those of competitors across the country to offer you recipes for the Best. Ribs. Ever. Aguirre promises (and delivers), "I present to you the most thorough education on preparing the best ribs ever seen in print." Get out your hot sauce, honey, brown sugar, pineapple juice in a spray bottle (really), and of course your meat, and prepare to become the rib master in your neighborhood! Skyhorse Publishing, along with our Good Books and Arcade imprints, is proud to publish a broad range of cookbooks, including books on juicing, grilling, baking, frying, home brewing and winemaking, slow cookers, and cast iron cooking. We've been successful with books on gluten-free cooking, vegetarian and vegan cooking, paleo, raw foods, and more. Our list includes French cooking, Swedish cooking, Austrian and German cooking, Cajun cooking, as well as books on jerky, canning and preserving, peanut butter, meatballs, oil and vinegar, bone broth, and more. While not every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to books on subjects that are sometimes overlooked and to authors whose work might not otherwise find a home.

- st louis ribs recipe: Cooking My Way Back Home Mitchell Rosenthal, Jon Pult, 2011-10-04 A collection of 100 of Mitchell Rosenthal's personal recipes for Southern-inspired comfort food with a California influence. In Cooking My Way Back Home, Mitchell Rosenthal delivers the same warmth, personality, and infectious enthusiasm for sharing food as can be found at his wildly popular San Francisco restaurants, Town Hall, Anchor and Hope, and Salt House. With his trademark exuberance and good humor, Mitchell blends Southern-inspired comfort food with urban sophistication and innovation, for exciting results. Reflecting on the classics (Shrimp Étouffée), updating regional specialties (Poutine), elevating family favorites (Chopped Liver), and reveling in no-holds-barred, all-out indulgences (Butterscotch Chocolate Pot de Crème) are what's on order in this collection of 100 imaginative and irresistible recipes. Like a good friend offering up a platter of freshly fried Oysters Rémoulade, these robust, full-flavored recipes are impossible to refuse.
- st louis ribs recipe: Cook's Illustrated Revolutionary Recipes America's Test Kitchen, 2018-10-23 2019 IACP Award Winner in the Compiliations Category On the occasion of Cook's Illustrated's 25th anniversary, we've gathered together our most extraordinary recipes and innovations from the past quarter-century in this hands-on book packed with practical tips and techniques. These recipes tell the story of how Cook's Illustrated has changed American home cooking through its signature blend of rigorous testing, culinary research, science, and unorthodox approaches to developing foolproof recipes. As fans know, a big part of what makes the magazine so trustworthy (and enjoyable to read) is the essays that accompany each recipe, tracing from initial brainstorming to aha moments (and the occasional catastrophe) to final success. Rarely republished since they first appeared, these feature-length stories celebrate the art of food writing and the extensive work that goes into every recipe. In addition to the recipes, essays, and helpful sidebars, this book also features the trademark black-and-white illustrations that have become synonymous with Cook's Illustrated, creative use of the beloved front- and back-cover art, and a new addition: gorgeous, full-color photographs of each dish. Featured recipes include: Perfect corn on the cob that never gets boiled, ultracreamy tomato soup that's completely dairy-free, the fastest roast chicken recipe, oven-grilled London broil, and ingenious, low-key approaches to traditionally high-fuss recipes such as risotto, French fries, pie crust, and many more.
- **st louis ribs recipe: The Ultimate Grill Guide** ROGER ATKINSON, 2024-06-28 This comprehensive guide to grilling covers everything from choosing the right grill to mastering various cooking techniques for meats, seafood, vegetables, and more. It includes step-by-step instructions, safety tips, and a collection of delicious recipes to elevate your grilling game.
- st louis ribs recipe: Paul Kirk's Championship Barbecue Paul Kirk, 2004-03-18 Chef Paul explains it all: the differences between barbecuing and grilling; how to build different kinds of fires and what kind of fuel to use; setting up the pit or grill; what tools are needed to how to prepare the

food.

**st louis ribs recipe:** <u>Wave Oven Recipes Cookbook</u> Darnell McGavock Sr., 2021-02-26 100 recipes for countertop cookers

st louis ribs recipe: Barbecue Crossroads Robb Walsh, 2013-06-06 In stories, recipes, and photographs, James Beard Award-winning writer Robb Walsh and acclaimed documentary photographer O. Rufus Lovett take us on a barbecue odyssey from East Texas to the Carolinas and back. In Barbecue Crossroads, we meet the pitmasters who still use old-fashioned wood-fired pits, and we sample some of their succulent pork shoulders, whole hogs, savory beef, sausage, mutton, and even some barbecued baloney. Recipes for these and the side dishes, sauces, and desserts that come with them are painstakingly recorded and tested. But Barbecue Crossroads is more than a cookbook; it is a trip back to the roots of our oldest artisan food tradition and a look at how Southern culture is changing. Walsh and Lovett trace the lineage of Southern barbecue backwards through time as they travel across a part of the country where slow-cooked meat has long been part of everyday life. What they find is not one story, but many. They visit legendary joints that don't live up to their reputations—and discover unknown places that deserve more attention. They tell us why the corporatizing of agriculture is making it difficult for pitmasters to afford hickory wood or find whole hogs that fit on a pit. Walsh and Lovett also remind us of myriad ways that race weaves in and out of the barbecue story, from African American cooking techniques and recipes to the tastes of migrant farmworkers who ate their barbecue in meat markets, gas stations, and convenience stores because they weren't welcome in restaurants. The authors also expose the ways that barbecue competitions and TV shows are undermining traditional barbecue culture. And they predict that the revival of the community barbecue tradition may well be its salvation.

**st louis ribs recipe:** *Rix Ozark Barbecue (HB)* Richard D. Grace, 2021-08-13 Rix Ozark Barbecue (HB) By: Richard D. Grace Ozark-style barbecue. When you think of barbecue, most often you think of Kansas City, Memphis, or Texas style, but the unique and tantalizing Ozark style deserves a place at the table. Richard D. Grace takes his forty-seven years of experience and shares his time-tested, traditional Ozark Mountain recipes with professional and non-professional barbecuers alike. Grace shares a variety of recipes, from barbecued meats and sides to breads, salads, and desserts, as well as detailed instructions on smoking to keep these delicious and passed down recipes in the limelight and on your dinner table.

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